

# Your Fair Trade Breakfast Checklist!



## Some Starting Ideas for Breakfast Items:

Item	Ordered?
Fruit & Nut GeoMuesli (750g box)	
Exotic GeoMuesli (750g box)	
Very Berry GeoMuesli (560g box)	
Luxury Granola (350g box)	
GeoBars - Choose from Wild Apricot, Mixed Berry, or Chocolate (in a variety of quantities)	
Dried Fruits - Choose from a huge variety, including apricots, unsweetened cherries, and organic sundried mango	
Organic Orange Marmalade (340g jar)	
Organic Strawberry Jam (340g jar)	
Chocolate Hazelnut Spread (400g jar)	
Liberation Crunchy Peanut Butter (350g jar)	
Sweet Justice Honey (a light, classic, set honey) (340g jar)	
Guatemalan Honey (silky squeezey honey) (250g bottle)	
Wild Blossom Honey (pure clear honey) (340g jar)	
Calypso Apple Juice Cartons (27 cartons)	
Calypso Orange Juice Cartons (27 cartons)	
Pineapple Fruit Pots (120g pot, 12 included)	
Grapefruit Fruit Pots (120g pot, 12 included)	

Don't forget to add lots of fair trade fruit to your breakfast table!



## Extra Ideas for Teachers and Parents:

Item:	Ordered?
<b>Coffee:</b> Traidcraft Instant or Ground Coffee - we have a huge range of speciality artisan coffees and blends for all palettes - and they're available in singles and in bulk too!	
<b>Tea:</b> Whether you enjoy a builder's brew first thing in the morning or you prefer a more delicate herbal infusion, our range of teas means that there's something for everyone, in a variety of sizes from a box of 80 to a bag of 550.	
<b>Sugar:</b> We sell many different types of fair trade sugar... We even stock little sugar sticks!	
<b>Biscuits and Cakes:</b> How about holding a one off Breakfast Club morning for parents with tea and biscuits? All completely fair trade of course!	

Helping to make sure farmers around the world are paid a fair amount for their crops.

